

Group A	Team	W	L	T	GF	GA	Pts
	Amherst Thunder	10	0	0	40	7	30
	Amherst Flames	6	2	2	26	15	20
	Lockport Lightning	6	3	1	32	18	19
	Tritown Storm	5	4	1	34	28	16
	Niagara PAL Synergy	4	4	2	25	34	14
	West Seneca Wild	3	6	1	18	27	10
	Wilson Wildcats	1	7	2	18	29	5
	Alden Lady Eliminators	0	9	1	10	45	1

Group B	Team	W	L	T	GF	GA	Pts
	Tritown Twisters	6	3	1	23	16	19
	Hamburg Monarchs	5	3	2	14	13	17
	Lancaster-Depew Lightning	4	2	4	28	20	16
	KenTon Diablo	3	4	3	16	21	12
	KenTon Fury	2	4	4	16	17	10
	Northtowns Panthers	2	6	2	15	25	8