

| Group A | Team | W | L | T | GF | GA | Pts |
|----------------|--------------------------|----|----|---|----|----|-----|
| | Akron Knights | 10 | 0 | 0 | 45 | 0 | 30 |
| | KenTon Storm | 4 | 4 | 2 | 19 | 19 | 14 |
| | Amherst Arsenal | 4 | 4 | 2 | 16 | 18 | 14 |
| | West Seneca Rampage | 4 | 5 | 1 | 19 | 27 | 13 |
| | Northtowns Arsenal | 3 | 3 | 4 | 13 | 18 | 13 |
| | Delaware Chargers | 0 | 9 | 1 | 8 | 38 | 1 |
| Group B | Team | W | L | T | GF | GA | Pts |
| | Lockport Lightning | 8 | 2 | 0 | 28 | 10 | 24 |
| | Tritown FC | 7 | 2 | 1 | 36 | 13 | 22 |
| | Lancaster-Depew Spartans | 6 | 2 | 2 | 40 | 25 | 20 |
| | Niagara Pioneer Storm | 5 | 4 | 1 | 22 | 23 | 16 |
| | Tonawanda Thunder | 4 | 5 | 1 | 36 | 38 | 13 |
| | Amherst Cyclones | 2 | 3 | 5 | 24 | 21 | 11 |
| | Kenmore Panthers | 3 | 7 | 0 | 25 | 29 | 9 |
| | Wilson United | 0 | 10 | 0 | 2 | 54 | 0 |